



Developmental Milestones (CDC)

Age	Social/ Emotional	Language/ Communication	Cognitive (<i>Learning, thinking problem solving</i>)	Motor/Physical Development
6 Months	<p>Knows familiar faces and begins to know if someone is a stranger</p> <p>Likes to play with others, especially parents</p> <p>Responds to other people's emotions and often seems happy</p> <p>Likes to look at self in a mirror</p>	<p>Responds to sounds by making sounds</p> <p>Strings vowels together when babbling ("ah," "eh," "oh") and likes taking turns with parent while making sounds</p> <p>Responds to own name</p> <p>Makes sounds to show joy and displeasure</p> <p>Begins to say consonant sounds (jabbering with "m," "b")</p>	<p>Looks around at things nearby</p> <p>Brings things to mouth</p> <p>Shows curiosity about things and tries to get things that are out of reach</p> <p>Begins to pass things from one hand to the other</p>	<p>Rolls over in both directions (front to back, back to front)</p> <p>Begins to sit without support</p> <p>When standing, supports weight on legs and might bounce</p> <p>Rocks back and forth, sometimes crawling backward before moving forward</p>
9 Months	<p>May be afraid of strangers</p> <p>May be clingy with familiar adults</p> <p>Has favorite toys</p>	<p>Understands "no"</p> <p>Makes a lot of different sounds like "mamamama" and "bababababa"</p> <p>Copies sounds and gestures of others</p> <p>Uses fingers to point at things</p>	<p>Watches the path of something as it falls</p> <p>Looks for things he sees you hide</p> <p>Plays peek-a-boo</p> <p>Puts things in her mouth</p> <p>Moves things smoothly from one hand to the other</p> <p>Picks up things like cereal between thumb and index finger</p>	<p>Stands, holding on</p> <p>Can get into sitting position</p> <p>Sits without support</p> <p>Pulls to stand</p> <p>Crawls</p>
1 Year	<p>Is shy or nervous with strangers</p> <p>Cries when mom or dad leaves</p> <p>Has favorite things and people</p> <p>Shows fear in some situations</p> <p>Hands you a book when he wants to hear a story</p> <p>Repeats sounds or actions to get attention</p> <p>Puts out arm or leg to help with dressing</p> <p>Plays games such as "peek-a-boo" and "pat-a-cake"</p>	<p>Responds to simple spoken requests</p> <p>Uses simple gestures, like shaking head "no" or waving "bye-bye"</p> <p>Makes sounds with changes in tone (sounds more like speech)</p> <p>Says "mama" and "dada" and exclamations like "uh-oh!"</p> <p>Tries to say words you say</p>	<p>Explores things in different ways, like shaking, banging, throwing</p> <p>Finds hidden things easily</p> <p>Looks at the right picture or thing when it's named</p> <p>Copies gestures</p> <p>Starts to use things correctly; for example, drinks from a cup, brushes hair</p> <p>Bangs two things together</p> <p>Puts things in a container, takes things out of a container</p> <p>Lets things go without help</p> <p>Pokes with index (pointer) finger</p> <p>Follows simple directions like "pick up the toy"</p>	<p>Pulls up to stand, walks holding on to furniture ("cruising")</p> <p>May take a few steps without holding on</p> <p>May stand alone</p>

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2 Years	<p>Copies others, especially adults and older children</p> <p>Gets excited when with other children</p> <p>Shows more and more independence</p> <p>Shows defiant behavior (doing what he has been told not to)</p> <p>Plays mainly beside other children, but is beginning to include other children, such as in chase games</p>	<p>Points to things or pictures when they are named</p> <p>Knows names of familiar people and body parts</p> <p>Says sentences with 2 to 4 words</p> <p>Follows simple instructions</p> <p>Repeats words overheard in conversation</p> <p>Points to things in a book</p>	<p>Finds things even when hidden under two or three covers</p> <p>Begins to sort shapes and colors</p> <p>Completes sentences and rhymes in familiar books</p> <p>Plays simple make-believe games</p> <p>Builds towers of 4 or more blocks</p> <p>Might use one hand more than the other</p> <p>Follows two-step instructions such as "Pick up your shoes and put them in the closet."</p> <p>Names items in a picture book such as a cat, bird, or dog</p>	<p>Stands on tiptoe</p> <p>Kicks a ball</p> <p>Begins to run</p> <p>Climbs onto and down from furniture without help</p> <p>Walks up and down stairs holding on</p> <p>Throws ball overhand</p> <p>Makes or copies straight lines and circles</p>
3 Years	<p>Copies adults and friends</p> <p>Shows affection for friends without prompting</p> <p>Takes turns in games</p> <p>Shows concern for crying friend</p> <p>Understands the idea of "mine" and "his" or "hers"</p> <p>Shows a wide range of emotions</p> <p>Separates easily from mom and dad</p> <p>May get upset with major changes in routine</p> <p>Dresses and undresses self</p>	<p>Follows instructions with 2 or 3 steps</p> <p>Can name most familiar things</p> <p>Understands words like "in," "on," and "under"</p> <p>Says first name, age, and sex</p> <p>Names a friend</p> <p>Says words like "I," "me," "we," and "you" and some plurals (cars, dogs, cats)</p> <p>Talks well enough for strangers to understand most of the time</p> <p>Carries on a conversation using 2 to 3 sentences</p>	<p>Can work toys with buttons, levers, and moving parts</p> <p>Plays make-believe with dolls, animals, and people</p> <p>Does puzzles with 3 or 4 pieces</p> <p>Understands what "two" means</p> <p>Copies a circle with pencil or crayon</p> <p>Turns book pages one at a time</p> <p>Builds towers of more than 6 blocks</p> <p>Screws and unscrews jar lids or turns door handle</p>	<p>Climbs well</p> <p>Runs easily</p> <p>Pedals a tricycle (3-wheel bike)</p> <p>Walks up and down stairs, one foot on each step</p>



The Charles Lea Center

Enhancing Lives. Encouraging Dreams.